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Diplomate of the Amer. Board of Periodontology

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Phone: 919-383-6611

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**Post-Op Instructions Following Connective Tissue Grafting**

1. Use the **ULTRA SOFT** (given to you) toothbrush for **ONE week** after your visit today (week 3).
2. Return to your regular **MANUAL** toothbrush until we see you for your next follow-up visit (weeks 4-8).
3. Return to **FLOSSING** ABOVE the gumline (only between the teeth).
4. Your next visit is in 6 weeks and we will take a photo of the site and compare before & after photos and we will give you a SONICARE electric toothbrush.

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